

Patient Information form



Collection of a Stool specimen:

Step 1: Label each container with your **Name, DOB, and collection date/time**

Step 2: Collect specimen into a plastic 'hat' provided by the Lab.

Step 3: One at a time, fill each vial to the **RED LINE**.

Step 4: Mix each vial well after carefully replacing the cap.

Step 5: Leave **Orange** and **Black** vials at room temp

Step 6: Refrigerate plain (non-additive) container

Step 7: Bring preserved vials and fresh unpreserved containers to the lab <2 hours.

Don't... pass specimen into the toilet (stool cannot mix with water, urine, or toilet paper)

Don't... delay getting your specimen to the lab. Within 2 hours is best for accurate results.



Orange vial – Stool, Yersinia, Vibrio cultures



Black 'Total-Fix'– Cryptosporidium, Giardia or O&P (travel history required)



Non-Additive - C diff, VRE, Rotavirus, Fecal Lactoferrin, Fecal Fats, H. pylori, or Occult blood (Refrigerate any plain or blue/white cap containers).

*If unable to obtain an adequate volume of stool for all containers, place in plain (non-additive) container, refrigerate and bring to the laboratory <2 hrs.

*For questions regarding collection of specimens please call MMC Lab at 814-333-5514.

INFANTS

Specimens in diapers are not acceptable. The stool material should be scraped into a screw-capped container. Babies with severe diarrhea may use a U-bag collection system. Attach the bag over the anal area to retrieve the specimen before it soaks into the diaper. Empty bag contents into the screw-capped container.