

# *Patient Information from*



## **URINE CULTURE COLLECTION (CLEAN CATCH)**

Wash hands thoroughly.

Care must be taken to avoid bacterial contamination of the specimen container. After removing the lid, place it on a flat surface with the inside facing up. Do not touch the inside of the specimen lid or the container. Any contact by your skin may cause a bacterial contamination that may interfere with the test.

Open the towelette package. Unfold the towelette.

Females - Using one stroke, wash by wiping the urinary area from the front to the back.

Males - Using one stroke, wash by wiping the urinary area from top to bottom.

Start to urinate directly into the toilet. While urinating, pass the collection cup into the stream of urine. Do not fill the specimen cup to the top. Remove the cup before the stream of urine has stopped.

Screw the cap securely on the container.

Place the label on the cup after securely closing the lid. *Do not put label on the lid.*

Refrigerate specimen immediately if unable to deliver specimen to lab promptly. Deliver the refrigerated *culture* to the lab **within 12 hours**. If a *urinalysis* is also ordered, the specimen must be delivered to the lab **within 2 hours**.



Please **report to Meadville Medical Center Registration** before delivering the specimen to the lab. This is necessary for complete specimen identification and processing.