

Patient Collection Instructions



Occult Blood, Stool

Collection Guidelines:

- Do NOT refrigerate or freeze. Keep cards at Room Temperature and away from direct sunlight, heat and volatile chemicals (iodine, ammonia, bleach and other household cleaners).
- Collect stool samples from **three different days**. Collect samples from consecutive bowel movements or those closely spaced.
- Return cards to the Meadville Medical Center lab within **5 days** of the first collection.
- Please call Meadville Medical Center Laboratory at 333-5511 if you have any questions.

Patient Collection Instructions:

1. Fill out the information requested on the front side of each card. **Name, Date of Birth, and Date of Collection MUST** be on each card to ensure they are not rejected and the test has to be repeated.
2. It is best to collect the specimen in a clean, dry container, but it is also acceptable from the toilet bowl. (Remove toilet bowl cleaner from toilet tank and flush tank twice before proceeding if collecting specimen from the toilet).
3. With a wooden applicator stick, collect a **SMALL** amount of stool on the stick.
4. Open the tab on the front of the card to expose the sample windows. Spread a **THIN SMEAR** on **WINDOW A** of the first card. Repeat from a different portion of the stool for **WINDOW B**. Close the cover flap.
5. Repeat these instructions for the remaining cards after your next bowel movements.